

International Journal of Food Sciences and Nutrition

Volume 59 Number 4 June 2008

Papers

Nutritional quality evaluation of velvet bean seeds (*Mucuna pruriens*) exposed to gamma irradiation

Rajeev Bhat, Kandikere R. Sridhar and Sahadevan Seena

261

Preferences and perceptions of personal vegetable consumption: A study among young men in the Norwegian National Guard

Solveig Uglem, Wenche Frølich, Tonje Holte Stea and Margareta Wandel

279

Estimation of daily human intake of food flavonoids

Patrick Mullie, Peter Clarys, Peter Deriemaeker and Marcel Hebbelinck

291

A comprehensive review on vanilla flavor: Extraction, isolation and quantification of vanillin and others constituents

Arun K. Sinha, Upendra K. Sharma and Nandini Sharma

299

Effect of a blueberry nutritional supplement on macronutrients, food group intake, and plasma vitamin E and vitamin C in US athletes

Concepción Sánchez-Moreno, Victoria A. Kimler, Francie L. Cordts,
Jayne A. Cady, Mary A. Weller, Jaymi W. Dumper, Paulette Williams,
Frank E. Pink, Helen M. Rasmussen, Antonio Jiménez-Escríg, Antonio Martín,
James A. Joseph and Charles R. C. Marks

327

The potential of milk thistle (*Silybum marianum* L.), an Israeli native, as a source of edible sprouts rich in antioxidants

Yiftach Vaknin, Rivka Hadas, Dan Schafferman, Leonid Murkhovsky and Neta Bashan

339

Sodium-bicarbonated mineral water decreases aldosterone levels without affecting urinary excretion of bone minerals

Stefanie Schoppen, Añá M. Pérez-Granados, Ángeles Carbalal, Beatriz Sarriá,
Santiago Navas-Carretero and M. Pilar Vaquero

347